



## Working Remotely – COVID 19

### Program Outline

#### Overview

Working from home, flexible work, Results-Only Work Environment (ROWE), we've all heard these terms. We also know in many cases, they translate to *working far less effectively from a place you prefer*. During this unprecedented crisis, employers and employees need to work quickly to ensure a smooth transition from office to home for an unknown period of time.

This multi-faceted program explores what needs to happen to ensure the move to home is as seamless as possible. We then look at the individual blockers and promoters of effective work and how you can best manage them to maximise your productivity while maintaining strong workplace relationships.

---

#### Topics

- Your response to the crisis
- Managing your mindset
- Managing your working relationships

---

#### Outcomes

- Overcoming barriers to productivity
- Better manage your emotional response to the crisis
- Increased sense of teamwork and reduced sense of isolation

---

#### Duration

90 mins virtual program (with prework)